



**Lecture # 12 Part 2**

## The Ten Commandments, The Laws Governing Man's Duty to God (Part 4):

### Commandment Four Concerns *God's Day*—Never Fail to Observe the Sabbath, to Keep it Holy, Exodus 20:8-11

#### Exodus 20:8-11 (NASB)

<sup>8</sup> "Remember the sabbath day, to keep it holy.

<sup>9</sup> Six days you shall labor and do all your work,

<sup>10</sup> but the seventh day is a sabbath of the LORD your God; *in it* you shall not do any work, you or your son or your daughter, your male or your female servant or your cattle or your sojourner who stays with you.

<sup>11</sup> For in six days the LORD made the heavens and the earth, the sea and all that is in them, and rested on the seventh day; therefore the LORD blessed the sabbath day and made it holy."

#### Exodus 16:16-30 (NASB)

<sup>16</sup> "This is what the LORD has commanded, 'Gather of it every man as much as he should eat; you shall take an omer apiece according to the number of persons each of you has in his tent.'"

<sup>17</sup> The sons of Israel did so, and *some* gathered much and *some* little.

<sup>18</sup> When they measured it with an omer, he who had gathered much had no excess, and he who had gathered little had no lack; every man gathered as much as he should eat.

<sup>19</sup> Moses said to them, "Let no man leave any of it until morning."

<sup>20</sup> But they did not listen to Moses, and some left part of it until morning, and it bred worms and became foul; and Moses was angry with them.

<sup>21</sup> They gathered it morning by morning, every man as much as he should eat; but when the sun grew hot, it would melt.

<sup>22</sup> Now on the sixth day they gathered twice as much bread, two omers for each one. When all the leaders of the congregation came and told Moses,

<sup>23</sup> then he said to them, "This is what the LORD meant: Tomorrow is a sabbath observance, a holy sabbath to the LORD. Bake what you will bake and boil what you will boil, and all that is left over put aside to be kept until morning."

<sup>24</sup> So they put it aside until morning, as Moses had ordered, and it did not become foul nor was there any worm in it.

<sup>25</sup> Moses said, "Eat it today, for today is a sabbath to the LORD; today you will not find it in the field.

<sup>26</sup> "Six days you shall gather it, but on the seventh day, *the* sabbath,



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there will be none."

<sup>27</sup> It came about on the seventh day that some of the people went out to gather, but they found none.

<sup>28</sup> Then the LORD said to Moses, "How long do you refuse to keep My commandments and My instructions?

<sup>29</sup> "See, the LORD has given you the sabbath; therefore He gives you bread for two days on the sixth day. Remain every man in his place; let no man go out of his place on the seventh day."

<sup>30</sup> So the people rested on the seventh day."

**Thought 1.** Two very important lessons can be learned from the disobedience of the Israelites, from their unbelief, their distrust of God.

- 1) We must learn to trust God for the provisions of life, day by day, every day of our lives. Trusting God does not mean trusting Him now and then, here and there, for a while as we wish. God demands that we trust Him always, every moment of every day.

"The LORD redeemeth the soul of his servants: and none of them that trust in him shall be desolate" ([Psalm 34:22](#)).

"Trust in the LORD, and do good; so shalt thou dwell in the land, and verily thou shalt be fed" ([Psalm 37:3](#)).

"Commit thy way unto the LORD; trust also in him; and he shall bring it to pass" ([Psalm 37:5](#)).

"They that trust in the LORD shall be as mount Zion, which cannot be removed, but abideth for ever" ([Psalm 125:1](#)).

"The fear of man bringeth a snare: but whoso putteth his trust in the LORD shall be safe" ([Proverbs 29:25](#)).

"Thou wilt keep him in perfect peace, whose mind is stayed on thee: because he trusteth in thee. Trust ye in the LORD for ever: for in the LORD JEHOVAH is everlasting strength" ([Isaiah 26:3-4](#)).

"But seek ye first the kingdom of God, and his righteousness; and all these things shall be added unto you" ([Matthew 6:33](#)).

"Jesus said unto him, If thou canst believe, all things [are] possible to him that believeth" ([Mark 9:23](#)).

"But without faith it is impossible to please him: for he that cometh to God must believe that he is, and that he is a rewarder of them that diligently seek him" ([Hebrews 11:6](#)).

"For whatsoever is born of God overcometh the world: and this is the victory that overcometh the world, even our faith" ([1 John 5:4](#)).



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- 2) We must arise early every day and gather the manna of God, the Bread from heaven. To stay physically healthy, we have to eat every day. The same is true spiritually. To stay spiritually healthy, we must seek the spiritual nourishment to strengthen and carry us through the day.

That is, we must arise early enough every day to spend time with the Lord Jesus Christ...

1. in worship and devotions
2. in feasting and partaking of Him
3. in nourishing ourselves spiritually, nourishing ourselves enough to last us all day.

Once the sun rises, the manna is melted. The activities of the world begin when the sun rises; the hope of having time to gather the manna of spiritual nourishment is slim. The suggestion of God's Word is strong: we should arise early—before the activities of the day crowd in upon us—to gather the manna of spiritual nourishment.

- 1) ⇒ Jacob arose early in the morning to worship and pray.

**"And Jacob rose up early in the morning, and took the stone that he had put for his pillows, and set it up for a pillar, and poured oil upon the top of it" ([Genesis 28:18](#)).**

- 2) ⇒ Samuel's parents arose early in the morning to worship and pray.

**"And they rose up in the morning early, and worshipped before the LORD, and returned, and came to their house to Ramah: and Elkanah knew Hannah his wife; and the LORD remembered her" ([1 Samuel 1:19](#)).**

- 3) ⇒ Hezekiah arose early in the morning to worship and pray.

**"Then Hezekiah the king rose early, and gathered the rulers of the city, and went up to the house of the LORD" ([2 Chron. 29:20](#)).**

- 4) ⇒ Job arose early in the morning to worship and pray.

**"And it was so, when the days of their feasting were gone about, that Job sent and sanctified them, and rose up early in the morning, and offered burnt offerings according to the number of them all: for Job said, It may be that my sons have sinned, and cursed God in their hearts. Thus did Job continually" ([Job 1:5](#)).**



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5) ⇒ David arose early in the morning to worship and pray.

**"Awake up, my glory; awake, psaltery and harp: I myself will awake early" ([Psalm 57:8](#)).**

6) ⇒ The Psalmist arose early in the morning to worship and pray.

**"I prevented [preceded] the dawning of the morning, and cried: I hoped in thy word" ([Psalm 119:147](#)).**

7) ⇒ Jesus Christ arose early in the morning to worship and pray.

**"And in the morning, rising up a great while before day, he went out, and departed into a solitary place, and there prayed" ([Mark 1:35](#)).**

8) ⇒ Scripture had predicted that Jesus Christ would be awakened morning by morning to listen to God His Father.

**"The Lord GOD hath given me the tongue of the learned, that I should know how to speak a word in season to him that is weary: he wakeneth morning by morning, he wakeneth mine ear to hear as the learned" ([Isaiah 50:4](#)).**