



Lecture # 13 Part 2

The Ten Commandments, The Laws Governing Man's Duty to God (Part 4):

Commandment Four Concerns *God's Day*—Never Fail to Observe the Sabbath, to Keep it Holy, Exodus 20:8-11

Exodus 20:8-11 (NASB)

⁸ "Remember the sabbath day, to keep it holy.

⁹ Six days you shall labor and do all your work,

¹⁰ but the seventh day is a sabbath of the LORD your God; *in it* you shall not do any work, you or your son or your daughter, your male or your female servant or your cattle or your sojourner who stays with you.

¹¹ For in six days the LORD made the heavens and the earth, the sea and all that is in them, and rested on the seventh day; therefore the LORD blessed the sabbath day and made it holy."

2) We must keep the *Lord's Day* every week (Exodus 16:23).

The *Lord's Day* is...

a. a day of rest

b. a holy day to the Lord (Exodus 16:23).

We must, therefore, guard the *Lord's Day*. We must not *gather*, that is, work on His day. We must set aside one day a week for rest and holy worship just as He commands.

a) We are to keep the Lord's Day.

"Remember the sabbath day, to keep it holy" (Exodus 20:8).

"Six days thou shalt work, but on the seventh day thou shalt rest: in eaving time and in harvest thou shalt rest" (Exodus 34:21).

"Blessed is the man that doeth this, and the son of man that layeth hold on it; that keepeth the sabbath from polluting it, and keepeth his hand from doing any evil" (Isaiah 56:2).

"If thou turn away thy foot from the sabbath, from doing thy pleasure on my holy day; and call the sabbath a delight, the holy of the LORD, honourable; and shalt honour him, not doing thine own ways, nor finding thine own pleasure, nor speaking thine own words: Then shalt thou delight thyself in the LORD; and I will cause thee to ride upon the high places of the earth, and feed thee with the heritage of Jacob thy father: for the mouth of the LORD hath spoken it" (Isaiah 58:13-14).



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b) We are to do good on the Lord's Day.

"How much then is a man better than a sheep? Wherefore it is lawful to do well on the sabbath days" ([Matthew 12:12](#)).

"And when the sabbath day was come, he began to teach in the synagogue: and many hearing him were astonished, saying, From whence hath this man these things? and what wisdom is this which is given unto him, that even such mighty works are wrought by his hands?" ([Mark 6:2](#)).

"If a man on the sabbath day receive circumcision, that the law of Moses should not be broken; are ye angry at me, because I have made a man every whit whole on the sabbath day?" ([John 7:23](#)).

"And it was the sabbath day when Jesus made the clay, and opened his eyes" ([John 9:14](#)).

"And on the sabbath we went out of the city by a river side, where prayer was wont to be made; and we sat down, and spake unto the women which resorted thither" ([Acts 16:13](#)).

"And Paul, as his manner was, went in unto them, and three sabbath days reasoned with them out of the scriptures" ([Acts 17:2](#)).

c) The early disciples worshipped God on the Lord's Day.

"And upon the first day of the week, when the disciples came together to break bread, Paul preached unto them, ready to depart on the morrow; and continued his speech until midnight" ([Acts 20:7](#)).

"Upon the first day of the week let every one of you lay by him in store, as God hath prospered him, that there be no gatherings when I come" ([1 Cor. 16:2](#)).

"I was in the Spirit on the Lord's day, and heard behind me a great voice, as of a trumpet, Saying, I am Alpha and Omega, the first and the last: and, What thou seest, write in a book, and send it unto the seven churches which are in Asia; unto Ephesus, and unto Smyrna, and unto Pergamos, and unto Thyatira, and unto Sardis, and unto Philadelphia, and unto Laodicea" ([Rev. 1:10-11](#)).