

# Keeping on Track through Prayer

Read [Matthew 6:9-13](#)

## TRUTH # 2: GOD HAS THE POWER I NEED

### Matthew 6:13 (NASB)

<sup>13</sup> **And do not lead us into temptation, but deliver us from evil. [For Yours is the kingdom and the power and the glory forever. Amen.]**

Jesus also told us to pray, “*yours is ... the power.*” When we get up from prayer, we’re to keep in mind that God has all the power we’re going to need for that day.

The Bible has always declared that God is all-powerful—He is identified as the “**Almighty**” some **342** times in its pages (**the New International Version**). The Bible describes Him making the world without lifting a finger, but just speaking it into existence. The Bible describes His many miracles, from the parting of the Red Sea to healing the sick to raising the dead. The Bible has always declared His power.

But lately the evidence of God’s power has been coming from a new source: modern science. Lately, scientists have found evidence of an “**Anthropic principle**” in the world. Anthropic is a big word that simply means *related to man*. The Anthropic principle refers to the growing body of evidence that suggests that our world was purposely designed as a home for humans.

You see, the universe as a whole is a very inhospitable place—a very dangerous neighborhood. As far as we know, there’s no other place in it that can support human life except our little corner of it, this little dot of a planet called earth. But here—against great odds—a number of conditions have combined to make life possible. These conditions are called “**Anthropic constants.**”

Scientists have so far discovered at least **122** “**Anthropic constants.**” Once again on another flight from New York City to Los Angeles I read a very interesting article. Here are just a few of them:

- The earth had to be just the right distance away from the sun, about 93 million miles. Much closer and it would be too hot. Much farther away and it would be too cold. Our planet happens to be just the right distance away from its star.
- The earth had to rotate at just the right speed, in 24 hours. If the rotation took longer, temperature differences between night and day would be too drastic. If the rotation took less time, atmospheric wind velocities would be too great.

- Earth had to have just the right amount of oxygen, 21 percent of the atmosphere. If it were 25 percent, fires would break out spontaneously. If it were 15 percent, people would suffocate.
- Even Jupiter plays a role in our survival. Because of its position in its orbit around the sun, its gravitational field sucks away asteroids and comets that could strike the earth.

These are just a few conditions that had to come together in our little corner of the universe to make human life possible. There are many more. What are the odds all this happened by accident?

**Norman L. Geisler** and **Frank Turek**, in their wonderful book *I Don't Have Enough Faith to Be an Atheist*, tell the story of **astrophysicist Hugh Ross**, who sat down to calculate the probability that all of these conditions—the **122 “Anthropic constants”** scientists have discovered so far—could occur by accident for any planet in the universe. Assuming that the number of planets in the universe is 10 to the 22<sup>nd</sup> power (that's a 1 with 22 zeros after it), Ross said there's just 1 chance in 10 to the 138<sup>th</sup> power (that's a 1 with 138 zeros after it) that all these constants happened by accident for planet earth. That's a stunningly high number: that number is higher than the number of atoms in the universe! (There are “only” 10 to the 70<sup>th</sup> power atoms in the universe.)

Think about that. Everything is made up of atoms; an atom is a million times smaller than the thickness of a human hair; the smallest speck that can be seen under a regular microscope contains more than 10 billion atoms. Imagine how many there must be in the universe. But this astrophysicist says there's just 1 chance in a number greater than the number of atoms in the *universe* that all the constants necessary for life came together by accident for earth.

No wonder **Geisler** and **Turek** entitled their book *I Don't Have Enough Faith to Be an Atheist*. The evidence for an all-powerful Designer is overwhelming.

If God has the power to orchestrate the cosmic forces of the universe, and against all odds make a home for us here on earth, then certainly He has all the power we need to help us through our day.

Are you relying on His power? One New Year's Day, in the Tournament of Roses parade, a beautiful float suddenly sputtered and quit—it was out of gas. The whole parade was held up until someone could run and get a can of gas. Who was the sponsor of this float? The Standard Oil Company! This float, representing one of the biggest gasoline producers in the world, was out of gas.

That is a picture of us all too often. All of God's power is available to us, but we're not relying on it.

King David learned to rely on God's power. His daily prayer time included a practice that reminded him of the power of God:

**Psalm 5:3 (NASB)** (emphasis added)

<sup>3</sup> **“In the morning, O LORD, You will hear my voice; In the morning I will order my prayer to You and *eagerly watch (wait in expectation).*”**

David's practice was to lay his requests before the Lord in the morning, and then **“*wait in expectation*”** to see what God was going to do. This practice kept David relying on God's power day to day.

The second truth we should have in mind as we get up from prayer is **“*yours is ... the power.*”** We should trust that God has all the power we're going to need that day.

**Matthew 6:13 (NASB)**

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