

## PSALMS OF PRAYER AND PRAISE

### Psalm 28:1-9 (NASB)

- <sup>1</sup> To You, O LORD, I call; My rock, do not be deaf to me, For if You are silent to me, I will become like those who go down to the pit.
- <sup>2</sup> Hear the voice of my supplications when I cry to You for help, When I lift up my hands toward Your holy sanctuary.
- <sup>3</sup> Do not drag me away with the wicked And with those who work iniquity, Who speak peace with their neighbors, While evil is in their hearts.
- <sup>4</sup> Requite them according to their work and according to the evil of their practices; Requite them according to the deeds of their hands; Repay them their recompense.
- <sup>5</sup> Because they do not regard the works of the LORD Nor the deeds of His hands, He will tear them down and not build them up.
- <sup>6</sup> Blessed be the LORD, Because He has heard the voice of my supplication.
- <sup>7</sup> The LORD is my strength and my shield; My heart trusts in Him, and I am helped; Therefore my heart exults, And with my song I shall thank Him.
- <sup>8</sup> The LORD is their strength, And He is a saving defense to His anointed.
- <sup>9</sup> Save Your people and bless Your inheritance; Be their shepherd also, and carry them forever.

### Psalm 28: Rejoice Because of Answered Prayer

This psalm probably was written in the period of David's life before he became king in Jerusalem. The first five verses are a prayer for deliverance and for retribution on the wicked. David is confident that God will hear his cry because if God doesn't, David feels he would slip from life to death. David's communication with God was a two-way street: David cried to God and God answered David. This line of communication kept David on the straight and narrow path rather than the devious path of double-minded, two-faced men ([verse 3](#)).

When you are tempted to think evil thoughts, cry out to God for His thoughts on the matter. [2 Corinthians 10:5](#) says "*bringing every thought into captivity to the obedience of Christ.*" We simply must keep our hearts pure when dealing with those who do wickedness or we become as vile as they. We must trust God to deal with matters out of our control in His time and His way. We commit to Him.

[Verses 6-9](#) express confidences in God's ability to hear and deal with situations on our behalf. Crying to God doesn't always change the situation but it does change us. We become confident in God rather than despairing in our own strength. We can praise God even when the situation is not resolved because we know He will resolve it in His time

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and He will give us what we need in the meantime. The psalm ends with prayer for the people of God. Israel's salvation and blessing were at stake, but Israel was God's people and God's inheritance.