

Why We Doubt Our Salvation

John 10:28

John 10:28 (NASB)

²⁸ “And I give eternal life to them, and they will never perish; and no one will snatch them out of My hand.”

If you have trusted in Jesus Christ and yet continually doubt your salvation, then your whole life is thrown off balance. Key areas of faith begin to crumble, and you limit the work of the Holy Spirit in and through you. It is impossible to live an effective, empowered, Spirit-filled life if you are always wondering whether you are saved. Why, then, do believers so often doubt? Let's consider five key reasons:

- 1. Sin.** When disobedience is present in a person's life, his prayers will be hindered, as will his grasp of spiritual ideas. So, it's understandable that sin can confuse a believer's thoughts about salvation.
- 2. False Teaching.** If you've been taught that salvation is dependent upon good works, then you have been misled.
- 3. Overemphasis on Emotions.** Too often, the experience of being saved is tied to an emotional high. This leads many people to doubt their salvation during times of life's natural “emotional lows.”
- 4. Disbelief.** [Acts 16:31](#) clearly states, “**Believe in the Lord Jesus, and you will be saved.**” If you've made this saving confession, a confession that acknowledges what Jesus has done on the cross, then you are saved. Doubting the truth of this statement means that you fail to take God at His word.
- 5. Satanic Attack.** The enemy's goal is to alienate us from God. One of his most effective tactics is to cause us to question our standing with the Lord.

If you doubt your salvation, prayerfully examine your heart. Are any of these falsehoods corroding your faith? Allow the Lord to comfort you with His love—and the truth of your salvation.