

# A Hunger for God

## [Psalms 63:1-5](#)

### **Psalm 63:1-5 (NASB)**

**<sup>1</sup>“O God, You are my God; I shall seek You earnestly; My soul thirsts for You, my flesh yearns for You, In a dry and weary land where there is no water.**

**<sup>2</sup>Thus I have seen You in the sanctuary, To see Your power and Your glory.**

**<sup>3</sup>Because Your lovingkindness is better than life, My lips will praise You.**

**<sup>4</sup>So I will bless You as long as I live; I will lift up my hands in Your name.**

**<sup>5</sup>My soul is satisfied as with marrow and fatness, And my mouth offers praises with joyful lips.”**

The Lord has given us a variety of appetites, which are essential for our physical survival. But He has also created within our hearts a hunger that is spiritual. David was a man who recognized and felt this yearning for the heavenly Father. Throughout the Psalms, we find him meditating, offering praise, or crying out to God. His greatest joy was to be with his heavenly Father in intimate communion.

Hungering for the Lord is a desire to know and draw closer to Him. Sadly, this yearning lies dormant in many believers' lives. They're saved but have very little desire for more. One of the problems is that our society is filled with all sorts of things that grab and hold our interest and affections. These pleasures and pursuits compete with God for our attention, claiming our time and effort.

The good news is that a longing for God can be awakened if we are willing to change our priorities and pursuits. Although cultivating a desire for the Lord takes time, the joy we'll experience is lasting—and the rewards are eternal. We'll always get more out of a relationship with God than we put in. What's more, as our hunger for Him comes to life, He will open our heart and mind to understand and desire Him even more.

When we yearn for the Lord, He will satisfy us with contentment and a sense of completeness, while awakening an even deeper longing in our souls. Unlike physical hunger, a craving for Him is filled but paradoxically leaves us hungry. The more we are satisfied in Christ, the more we want of Him.