

Dressed for Battle

[Ephesians 6:10-18](#)

Ephesians 6:10-18 (NASB)

¹⁰“Finally, be strong in the Lord and in the strength of His might.

¹¹ Put on the full armor of God, so that you will be able to stand firm against the schemes of the devil.

¹² For our struggle is not against flesh and blood, but against the rulers, against the powers, against the world forces of this darkness, against the spiritual *forces* of wickedness in the heavenly *places*.

¹³ Therefore, take up the full armor of God, so that you will be able to resist in the evil day, and having done everything, to stand firm.

¹⁴ Stand firm therefore, **HAVING GIRDED YOUR LOINS WITH TRUTH, and HAVING PUT ON THE BREASTPLATE OF RIGHTEOUSNESS,**

¹⁵ and having shod **YOUR FEET WITH THE PREPARATION OF THE GOSPEL OF PEACE;**

¹⁶ in addition to all, taking up the shield of faith with which you will be able to extinguish all the flaming arrows of the evil *one*.

¹⁷ And take **THE HELMET OF SALVATION, and the sword of the Spirit, which is the word of God.**

¹⁸ **With all prayer and petition pray at all times in the Spirit, and with this in view, be on the alert with all perseverance and petition for all the saints.”**

When you wake up in the morning and get ready for the day, you’re probably not thinking about stepping onto a battlefield. But the enemy is all around us, constantly assaulting our heart and mind with temptations, adversities, emotional attacks, and more. And some days, it feels as though we are standing on the front lines of combat with no protection whatsoever.

Therein lies our misunderstanding. You see, we do have protection. The Lord made provision for our nakedness in battle. He hasn’t sent us to war unprotected. Instead, He’s given us a suit of armor that the enemy can’t penetrate—the armor of God.

In today’s passage, the apostle Paul tells us step by step how to prepare for our daily warfare, and yet most Christians don’t pay much attention to the instruction. We may say, “Well, that’s a nice metaphor, but we shouldn’t take it literally. After all, the armor isn’t real.” Yes, it is. It is as real as the clothes on your back.

Do you want to see a dramatic change in your life? Do you want to stand strong in the face of adversity? Do you want to overcome temptation? Then you need to dress for battle.

I challenge you to intentionally put on your spiritual armor every day for the next seven days. Put on one piece at a time—the helmet of salvation, the breastplate of righteousness, the belt of truth, the sandals of peace, the shield of faith, and the sword of the Spirit. Just try it as you meditate daily on [Ephesians 6:10-18](#), and watch what God will do.