

God Knows Your Needs

Matthew 6:7-8

Matthew 6:7-8 (NASB)

⁷ “And when you are praying, do not use meaningless repetition as the Gentiles do, for they suppose that they will be heard for their many words.

⁸ So do not be like them; for your Father knows what you need before you ask Him.”

I remember once watching a mother and marveling at her mastery in handling several energetic young children. It was an amazing sight. In the midst of a whirlwind of activity, this seasoned pro intuitively met the needs of her kids. A meal was served, spills were averted, noses were wiped, shoelaces were tied, hugs were distributed—all at the same time! Clearly, such a parent knows the needs of her family, even when the children cannot express them.

Sometimes it is difficult for us to think of ourselves as children. When we see little ones running around, always needing something from us, we cannot imagine that we often look and act the same way, only in grown-up bodies. Fortunately, we also have a Parent who already knows our needs. And yet we frequently act as though we must explain every detail of our problems to the Lord, so He can get a more accurate view of how to provide for us.

Isn't it strange? If you asked most Christians whether they thought God was all-knowing, they would respond, “Of course!” However, if you could listen in when they pray, you would probably often discover long, complicated explanations of why they need His help.

God does want you to talk with Him about what is on your heart. But at the same time, remember that **“your Father knows what you need before you ask Him”** ([Matthew 6:8](#)). Therefore, do not spend all of your prayer time repeating yourself or explaining everything in unnecessary detail to God. For a change, simply ask Him to speak to your listening heart. Remember, He's already got the answer. Give Him the opportunity to share it with you.