

# Feasting on the Word

## Deuteronomy 8:1-6

### Deuteronomy 8:1-6 (NASB)

<sup>1</sup>“All the commandments that I am commanding you today you shall be careful to do, that you may live and multiply, and go in and possess the land which the LORD swore to give to your forefathers.

<sup>2</sup>You shall remember all the way which the LORD your God has led you in the wilderness these forty years, that He might humble you, testing you, to know what was in your heart, whether you would keep His commandments or not.

<sup>3</sup>He humbled you and let you be hungry, and fed you with manna which you did not know, nor did your fathers know, that He might make you understand that man does not live by bread alone, but man lives by everything that proceeds out of the mouth of the LORD.

<sup>4</sup>Your clothing did not wear out on you, nor did your foot swell these forty years.

<sup>5</sup>Thus you are to know in your heart that the LORD your God was disciplining you just as a man disciplines his son.

<sup>6</sup>Therefore, you shall keep the commandments of the LORD your God, to walk in His ways and to fear Him.”

The Bible should be the main course in our literary diet. If we spent as much time in the Word as we do at the dinner table, our spirit and character would be strong and thriving. And no matter what our circumstances happened to be, we would experience an inner joy. The satisfaction that comes from living an obedient life is not possible apart from Scripture.

It is in God’s Word that we find out how He thinks and what He does. In those pages, we also discover the guiding principles for a successful life. After all, how can we trust our heavenly Father unless we know Him? And how can we become like Jesus unless we practice the habits He displays in Scripture?

Proverbs 4:25-27 NASB says, <sup>25</sup>“Let your eyes look directly ahead And let your gaze be fixed straight in front of you. <sup>26</sup>Watch the path of your feet And all your ways will be established. <sup>27</sup>Do not turn to the right nor to the left; Turn your foot from evil.”

What this means in practical terms is that every time we must make a decision, we’re to sift it through what we know of the Lord from Scripture. When we face a crisis, we dig into the Bible to answer the question, *What would the Lord have me do?* We do not live by reason, the opinion of others, or our own wisdom. Rather, we conform our mind, heart, and will to the biblical standard.

Bread will keep the stomach full, but life will be empty without a daily meal that includes reading and meditation. Learn to recognize spiritual hunger pains, such as vague discontent or animosity toward the things of God—and quickly begin to feast on the Word.