

Prayer in the Believer's Life

Isaiah 57:15

Isaiah 57:15 (NASB)

¹⁵“For thus says the high and exalted One Who lives forever, whose name is Holy, "I dwell *on* a high and holy place, And *also* with the contrite and lowly of spirit In order to revive the spirit of the lowly And to revive the heart of the contrite.”

The two most important disciplines in the life of a believer are Bible study and prayer. It is impossible to grow continually in Christ without practicing both.

Prayer is the primary means by which we talk to God, and it is also a way He teaches us. When we pray, we're petitioning the Lord and trusting Him for the answer. In doing so, we learn to listen to Him, just as we learn to wait for His response. And He loves for us to honor Him through this spiritual act of worship called prayer.

Indeed, prayer is one of the best ways to honor God. When we pray to our heavenly Father, we are acknowledging that He is God, that He truly is **“the high and exalted One who lives forever, whose name is Holy”** ([Isaiah 57:15](#)). God alone deserves glory, and we ascribe honor to Him when we **“pray without ceasing”** ([1 Thessalonians 5:17](#)). That is, we are to maintain a God-focused attitude throughout the day—continually asking Him to govern every detail of our lives.

Today's passage says that our Father dwells both on a high and holy place and also with the contrite and lowly in spirit. This means that our motives and the condition of our hearts are very important in prayer. Simply wanting to **“get our way”** is not the spirit of prayer that honors God. Furthermore, it does not produce prayers that He will answer.

The heavenly Father longs for an intimate relationship with His children. Time spent in communication with God is the best way to grow close to Him.