

# Walking in the Spirit

## Galatians 5:16-25

### **Galatians 5:16-25 (NASB)**

<sup>16</sup> “But I say, walk by the Spirit, and you will not carry out the desire of the flesh.

<sup>17</sup> For the flesh sets its desire against the Spirit, and the Spirit against the flesh; for these are in opposition to one another, so that you may not do the things that you please.

<sup>18</sup> But if you are led by the Spirit, you are not under the Law.

<sup>19</sup> Now the deeds of the flesh are evident, which are: immorality, impurity, sensuality,

<sup>20</sup> idolatry, sorcery, enmities, strife, jealousy, outbursts of anger, disputes, dissensions, factions,

<sup>21</sup> envying, drunkenness, carousing, and things like these, of which I forewarn you, just as I have forewarned you, that those who practice such things will not inherit the kingdom of God.

<sup>22</sup> But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness,

<sup>23</sup> gentleness, self-control; against such things there is no law.

<sup>24</sup> Now those who belong to Christ Jesus have crucified the flesh with its passions and desires.

<sup>25</sup> If we live by the Spirit, let us also walk by the Spirit.”

The Holy Spirit is one of God’s most precious gifts to His beloved children. The Spirit takes up residence within the believer at the moment of salvation and empowers the individual to overcome sin and live for God’s glory and purposes. However, the Holy Spirit’s power can be “turned off” or ignored. Only those who choose to walk with Him have unhindered access to His strength and guidance.

Walking by the Spirit denotes reliance upon Him. He leads the way, and we follow Him. As He speaks, we listen, heed His warnings, and obey His directions. The Spirit’s way is a path of surrender which, although difficult, leads to fullness of life.

God’s Spirit not only guides but also empowers us. The challenge of obeying Him is impossible in our own strength. The Holy Spirit supplies everything we need for living a godly life, and He produces His amazing fruit in us.

Being led by the Spirit should be the natural lifestyle of all sons and daughters of God. As you intentionally seek to maintain an awareness of His presence throughout the day, He is only a thought away. When your mind turns to Him, He gives you sensitivity to the things of God and provides understanding about the situations and people in your life.

Take a walk with the Spirit today and learn to know His voice. Spend time in the Word and in prayer. Whenever your mind is not occupied with the duties of the day, focus your thoughts on Him, asking for His guidance and looking expectantly for His leading. When He gives direction, obey—relying on His power, not your own.